

Camp Programs

All-Pro Football Camp

July 19 - July 23
9:00 a.m. - 12:00 p.m.
Longwood Park
Grades 1-6

The All-Pro Football Fun Camp will teach campers the basic fundamentals of football in an atmosphere which emphasizes sportsmanship, teamwork, and the joy of sports. Fun football drills, flag football games, "NFL Fast Football" games, contests in punting, passing and kicking, and other fun activities will be used to teach basic fundamentals, techniques and strategies of the game. This program is ideal for children who have never played organized football, as well as for those who have played youth football for several years and would like to get ready for the upcoming season by improving their conditioning, speed, and skills.

No drop ins. No coupon.
Registration Deadline July 12

Fee per participant:

Non-Resident \$90.00 Resident \$85.00

Cheerleading Camp

July 19 - July 23
9:00 a.m. - 12:00 p.m.
Longwood Park
Grades 1-6

Campers will learn a variety of cheers, jumps, kicks and movements. We'll also play fun cheerleading games and decorate crazy uniforms to wear at an exhibition on the last day of camp. Parents are invited to attend the exhibition on Friday, July 24. "Three Cheers" camps have been developed by Jump Start Sports with the assistance of area cheerleading programs. They provide children a highly active endeavor in a non-competitive environment that fosters fun and the development of friendships.

No drop ins. No coupon.
Registration Deadline July 12

Fee per participant:

Non-Resident \$90.00 Resident \$85.00

Olympics Camp

July 26 - July 30
9:00 a.m. - 12:00 p.m.
Longwood Park
Grades 1-6

Olympics camp is a wonderful combination of sports, culture and crafts. Campers learn the fundamentals of each event in track and field and participate in a fun mock "Olympics". Campers are grouped into "countries" and each make a team flag and team uniform and learn about the culture of that country. They also compete in each track and field event and swimming events. The emphasis of the competition is on participation and the the team uniform they made.

No drop ins. No coupon.
Registration Deadline July 19

Fee per participant:

Non-Resident \$90.00 Resident \$85.00