

Free health screenings, lectures or the opportunity to speak with healthcare professionals in an informal atmosphere. All are welcome.

## FREE EVENTS

**Community Health Resource Center at  
Macedonia Family Recreation Center**

## HEALTH FORUMS AND TALKS

### COMMUNITY HEARTSAVERS CPR / AED CLASS

*Sponsored by*

*Sagamore Hills Medical Center Emergency Dept.*

Learn how to perform Cardiopulmonary Resuscitation (CPR) and to use an Automated External Defibrillator (AED). This is the American Heart Association Heart Saver CPR class for adult victims of sudden cardiac arrest. This class is intended for the layperson, who is interested in learning life saving skills along with the American Heart Association Chain of Survival. This class is not intended for healthcare providers.

**Tuesday, September 18**

**6:30 – 8:30 p.m.**

**Wednesday, December 12**

**6:30 – 8:30 p.m.**

Free. Call **1.877.390.1732** (toll free) to register.

### UROLOGICAL PROBLEMS OF MEN & WOMEN “Lunch and Learn”

#### A Healthwise Connection Program

*Kalish Kedia, M.D., Urologist*

*South Pointe Hospital*

Learn about common urological issues, including prostate problems and urinary incontinence. Dr. Kedia will talk about causes, symptoms and treatment for these concerns. *Light lunch provided by Healthwise Connection at South Pointe Hospital. Show your Healthwise Connection membership card to be entered in a drawing.* Space is limited.

**Monday, November 12**

**Lunch - 12:00 noon; Program – 12:30 p.m.**

Reservations required **1.877.390.1732** (toll free).

## FREE SCREENINGS

### HEARING SCREENING

FREE hearing screening by a licensed audiologist from South Pointe Hospital.

**Tuesdays, September 18, October 9, November 13**  
**10:00 – 11:30 a.m.**

Free. By appointment, call **216.692.8760**.

### HEALTHY HEART SCREENING

Health professionals from the Healthy Heart program at South Pointe Hospital provide FREE screenings for cholesterol, glucose and blood pressure.

**Thursday, October 17**

**4:00 – 7:00 p.m.**

Free. Call to RSVP **1.877.390.1732** (toll free).

## We're Here When You Need Us

### Twinsburg Family Practice



Jason White, D.O.  
Medical Director



Lori Gemma, D.O.



Ashwin Pai Dhungat,  
M.D.

#### Convenient Hours:

**Walk-ins and same-day appointments welcome**

Mon – Thu 7:30 a.m. – 6:30 p.m.

Fri 7:30 a.m. – 4:30 p.m.

Sat 9:00 a.m. – 12:00 p.m.

#### Twinsburg Family Practice

2365 Edison Blvd, Suite 100

**330.425.7133**

## RED CROSS BLOOD DRIVE

Each year, millions of Americans take time to give the gift of life. Remember ... most people can be blood donors. All donors must be at least 17 years old, weigh at least 110 pounds and be in general good health. Bring photo identification and a list of all current medications. You may donate blood every 56 days.

**Wednesday, October 3 ~ 1:00 – 7:00 p.m.**

**Macedonia Family Recreation Center**

## SPECIAL BLOOD DRIVE :

Enjoy complimentary refreshments and gifts.

**Thursday, Dec 20**  
**Hilton Garden Inn**

8971 Wilcox Drive  
(I-480 at Rt 82)

7:00 a.m. – 7:00 p.m.

**Register**

**1.800.GIVE.LIFE**

Walk-ins welcome.



**South Pointe Hospital**  
a Cleveland Clinic hospital



**Hilton  
Garden Inn**  
Cleveland/Twinsburg